

Serial No. 10/813,333

PATENT
Docket No. 75378.010800**AMENDMENTS TO THE CLAIMS**

Please amend the claims to read as set forth below:

Claims 1-7 (Canceled)**Claim 8 (Currently Amended):** A stick member exercise device comprising:

a base;

a guide body connected to the base;

a pivot carried in the guide body; and whereby a guide path is formed;a stick member, and, having a pivot which connects the lower portion of the stick member connected to the pivot in the guide body, wherein the guide body constrains movement of the stick member about the pivot to a defined guide path in the guide body.**Claim 9 (Original):** The exercise device of claim 8 further comprising a resistance means; whereby a greater force must be applied to move the stick member around the pivot than the force required applied in the absence of the resistance means.**Claim 10 (Original):** The exercise device of claim 9 wherein the resistance means is magnetic.**Claim 11 (Original):** The exercise device of claim 9 wherein the resistance means is friction between the guide body and the lower portion of the stick member.**Claim 12 (Original):** The exercise device of claim 9 wherein the resistance means is friction applied to at least one brake-like element on the lower portion of the stick member.**Claim 13 (Original):** The exercise device of claim 9 wherein the resistance means is friction applied to at least one brake-like element near the bottom of the lower portion of the stick member.**Claim 14 (Currently amended):** The exercise device of claim 9 wherein the resistance means is at least one ~~with hydraulic~~ cylinders affixed to the base and lower portion of the stick member.

Serial No. 10/813,333

PATENT
Docket No. 75378.010800

Claim 15 (Original): The exercise device of claim 9 wherein the resistance means is a weight affixed the lower portion of the stick member and which also rests on the base; whereby the weight can be pushed along the base.

Claim 16 (Currently amended): A stick member exercise device comprising:

a base;

a guide body connected to the base having a surface defining a guide path;

a stick member;

a pivot ~~which connects~~ connecting the lower portion of the stick member to the guide body constraining rotational movement of the stick member along the defined guide path;
and[,]

at least two hydraulic cylinders affixed opposite one another and each to the lower portion of the stick member and to the base.

Claim 17 (Currently amended): The exercise device of claim 16 wherein ~~the~~ a top region of the stick member is attached to one of a sphere and generally flat ~~area~~ body.

Claim 18 (Original): The exercise device of claim 16 further comprising a crossbar attached to the top region of the stick member.

Claim 19 (Original): The exercise device of claim 18 wherein the crossbar is movable.

Claim 20 (Currently amended): The exercise device of claim 19 further comprising a movable sleeve to which the movable crossbar is attached. ~~Movable~~.

Claim 21 (New): The exercise device of claim 8 wherein the defined guide path lies in a plane parallel to a side wall of the guide body.

Claim 22 (New): The exercise device of claim 16 wherein the guide path lies in a plane parallel to the surface.

Serial No. 10/813,333

PATENT
Docket No. 75378.010800**Claim 23 (New):** A stick member exercise device comprising:

a base;

a guide body connected to the base defining a planar guide path;

a stick member;

a pivot connecting the lower portion of the stick member to the guide body permitting rotational movement of the stick member about the pivot and along the guide path; and

at least two cylinders fastened between the base and the stick member operative to apply a force to the stick member opposing movement of the stick member along the guide path.

Claim 24 (New): The exercise device of claim 23 wherein the guide body has a first side wall and the guide path is parallel to the first side wall.**Claim 25 (New):** The exercise device of claim 24 wherein the first side wall is flat.**Claim 26 (New):** The exercise device of claim 24 wherein the guide body further comprises a second side wall spaced from and parallel to the first side wall defining the guide path and wherein the stick member is captured between the first and second side walls by the pivot.